

Name of school
Address of school
Telephone number

To:
Name:
Address:

Date:

Can you help to prepare a waste-free packed lunch?

Dear Parent or Guardian,

We are learning how reducing the amount of waste we throw away can have a positive impact on the environment.

As part of this work we are holding a waste-free packed lunch competition on (insert day), (insert date). We hope as many students as possible are able to participate, including those who usually have school dinners.

The aim of the waste-free lunch is for each pupil to bring a packed lunch, which produces as little food and packaging waste as possible. Points will be awarded to the students or class with the least amount of rubbish that needs throwing away at the end. The students or class with the lowest number of points wins!

Ideas for creating a waste-free lunch include:

- use containers that can be used again eg tupperware, a flask or an old ice cream box;
- avoid using disposable packaging and individually wrapped snacks; and
- if you can't reuse the packaging, ensure it is recyclable or compostable.

Do let me know if you have any questions about this project.

Best of luck!

(Teacher's name)
(Teacher's role)